

PARKOUR TRAINING SESSION ENTRY BLANK/RELEASE FORM (Rev 04/01/13)

PLEASE COMPLETE THE FOLLOWING INFORMATION

TODAY'S DATE _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-Mail _____

Date of Birth _____

Emergency Contact _____

Emergency Contact Phone _____

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM ASSUMING RISKS, AND AGREEING TO INDEMNIFY, NOT TO SUE AND RELEASE FROM LIABILITY CLIFFORD KRAVIT & LOS ANGELES SCHOOL OF GYMNASTICS, THE "RELEASEE", AND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS. THIS ENTRY BLANK AND RELEASE IS A CONTRACT WITH LEGAL AND BINDING CONSEQUENCES AND IT APPLIES TO ALL ACTIVITIES DURING THIS AND SUBSEQUENT PARKOUR TRAINING SESSIONS. I HAVE READ IT CAREFULLY BEFORE SIGNING, AND I UNDERSTAND WHAT IT MEANS AND WHAT I AM AGREEING TO BY SIGNING.

In consideration of the allowance of participation to me by the Releasee in the above session, I hereby freely agree to and make the following contractual representations and agreements. **I ACKNOWLEDGE THAT THE ACTIVITIES IN THIS SESSION ARE INHERENTLY DANGEROUS AND FULLY REALIZE THE DANGERS OF PARTICIPATING IN THIS SESSION**, whether as a participant, coach, performer, volunteer, spectator or otherwise, and **FULLY ASSUME THE RISKS ASSOCIATED WITH SUCH PARTICIPATION INCLUDING**, by way of example, and not limitation: dangers

associated with man made and natural jumps; the dangers of collision with other people and fixed or moving objects; the dangers arising from surface hazards, including equipment failure, inadequate safety equipment, use of equipment or materials provided by the session organizer and others, **THE RELEASEE'S OWN NEGLIGENCE**, the negligence of others and weather conditions; and the possibility of serious physical and/or mental trauma or injury, or death associated with the session. For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively "Successors") **I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, AND PROMISE TO INDEMNIFY AND NOT TO SUE** the Releasee and all sponsors, organizers and promoting organizations, property owners, law enforcement agencies, public entities, special districts and properties that are in any manner connected with this session, and their respective agents, officials, and employees through or by which the session will be held, (the foregoing are also collectively deemed to be Releasees), **FROM ANY AND ALL RIGHTS AND CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEES' OWN NEGLIGENCE**, which I have or which may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or association with the session, or travel to or return from the session. I agree it is my sole responsibility to be familiar with the session course and agenda, the Releasee's rules, and any special regulations and for the session and agree to comply with all such rules and regulations. I understand and agree that situations may arise during the session which may be beyond the control of the Releasee and I must participate accordingly so as to not endanger myself or others. I accept responsibility for the condition and adequacy of my equipment, and equipment provided for my use, and my conduct in connection with the session. I have no physical or medical condition which would endanger me or others if I participate in this session, or would interfere with my ability to safety participate in this session. I agree if I am found positive or suspected for the use or possession of a banned substance including but limited to alcohol and any illegal drug, I will not be allowed to participate. I agree, for myself and my successors, that the above representations are contractually binding, and

are not mere recitals, and that should I or my successors assert a claim contrary to what I have agreed to in this contract, the claiming party shall be liable for the expenses (including legal fees) incurred by the Releasee in defending the claims. This contract may not be modified orally, and a waiver or modification of any provision shall not be construed as a waiver or modification of any other provision herein or as consent to any subsequent waiver or modification. I consent to the release by any third party to Releasees and their insurance carriers of my name and medical information that may relate solely to any injury or death I may suffer arising from the session. Every term and provision of this contract is intended to be severable. If any one or more of them is found to be unenforceable or invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

Signature of Participant

CONSENT AND RELEASE OF PARENT OR GUARDIAN

I am the custodial parent or guardian of _____ (Child).

My Child is fit for the session, and I consent to my Child's participation. **I HAVE READ AND I UNDERSTAND THE ABOVE CONTRACT.**

In consideration of allowing my Child to participate, I consent to the contract and agree that **ITS TERMS SHALL LIKEWISE BIND ME, MY CHILD**, my heirs, legal representatives, and assignees. **I HEREBY RELEASE AND SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS THE RELEASEES FROM EVERY CLAIM AND ANY LIABILITY** that I or my Child may allege against the Releasee (including legal fees and costs) as a direct or indirect result of injury or death to me or my Child because of my Child's participation in the session, **WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES** or others. **I PROMISE NOT TO SUE RELEASEES** on my behalf or on behalf of my Child regarding any claim arising from my Child's participation in the session.

Signature of Parent or Guardian